

VOLUME 1, ISSUE 1
FEBRUARY 2022



THE IJCR NEWSLETTER

INTERNATIONAL JOURNAL OF CLINICAL RESEARCH

HIGHLIGHTS OF THIS ISSUE

131 Countries
1,607 Cities



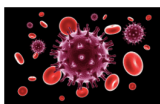
17 ARTICLES PUBLISHED

in IJCR' s second issue so far

- Presumed Ocular Histoplasmosis Syndrome in the Middle East: A Case Report
- Recurrent Diverticulitis in a Neutropenic Patient: A Case Report
- Necrotizing Fasciitis Causing Complete Femoral Vessels Necrosis and Thrombosis in an Intravenous Drug Abuser: A Case Report
- Successful Resection of an Endobronchial Pleomorphic Adenoma Using Cryotherapy: A Case Report
- Lyme Borreliosis Associated with Sensorineural Hearing Loss: A Case Report
- Multisystem Inflammatory Syndrome due to COVID-19 in a Newborn Patient: A Case Report from Lebanon
- COVID-19 Infection Post-Laparoscopic Sleeve Gastrectomy: A Case Report and Review of Literature
- A Cross-Sectional Study of the Alarming Prevalence of Smoking Among Lebanese Physicians and Its Negative Impact on Promoting Cessation
- Hereditary Multiple Osteochondroma with Incomplete Penetrance in a Lebanese Family: A Case Report
- SARS, MERS, COVID-19: Identification of Patients at a Higher Risk: A Narrative Review
- Coronary Artery Disease and its Psychosocial Risk Factors: A Narrative Review
- Borderline Serous Papillary Tumor Arising in a Paraovarian Cyst: A Case Report and an Extensive Review of the Literature
- Coronavirus Disease (COVID-19) Associated Rhinocerebral Mucormycosis and Complications: A Case Report
- Incidental Appendiceal Diverticulosis Associated with Acute Appendicitis: A Case Report and Review of Literature
- Acute Compartment Syndrome of the Hand in a 14-Month-Old Child: A Case Report
- Complicated Appendicitis in a Pediatric Patient with SARS-CoV-2 Infection: A Case Report

an Immunodeficiency Virus type 1 Drug Resistance Mutations in Patients Failing Antiretroviral Therapy in Lebanon from 2009 to 2013

A. Hachem
Jariri
Mansour
Mokhtab

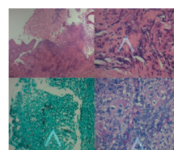


HIV-1, ART, ART failure, resistance mutations, NRTIs, NNRTIs, PIs

PDF
Supplemental Appendix

Coronavirus Disease (COVID-19) Associated Rhinocerebral Mucormycosis and Complications: A Case Report

Soad Al Osta
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Gibran Atwal
School of Medicine, Lebanese American University, Byblos, Lebanon
Nourhan El Ahmar, MD
Pathology Division, Lebanese American University Medical Center- Risk Hospital
LALIMC, RH, Beirut, Lebanon
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Borderline Serous Papillary Tumor Arising in a Paraovarian Cyst: A Case Report and an Extensive Review of the Literature

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Department of General Surgery, Lebanese American University Medical Center Risk

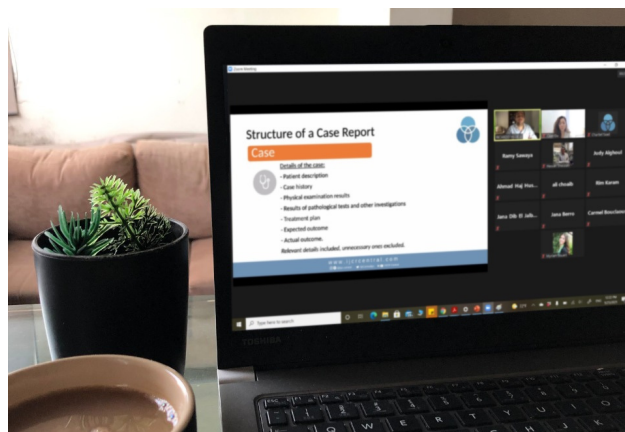


CLICK **HERE** TO READ ANY ARTICLE FROM THE
SECOND ISSUE.

APPLIED RESEARCH SKILLS COURSE

A pilot of the **Applied Research Skills Course** was launched at the **Lebanese American University** in Beirut, Lebanon.

This course recruited **8 first-year medical students** excited to learn the **basic applications of research**.



IJCR's Applied Research Skills course is designed as an **immersive experience** to the various aspects of clinical research and publication. It's a journey of **continuous learning and discovery**.

The course is designed as a **year-long curriculum** that will provide students with hands-on experience to **build their research and publication skills**. Our first module started on June 19th, 2021.

Students are currently working on their **assignments**. Whenever they successfully complete the course and pass all modules, they will earn a **certificate of completion** from the journal, as well as **lifelong needed skills** for their career as academic publishers in medicine.

IJCR
Applied Research
Skills Course



PIONEERS IN MEDICINE

We have also launched a series of webinars live-streamed on Zoom and Facebook and reaching more than 3000 people in all 4 of our webinars featuring world-renowned researchers who support our mission and vision. You can check out most of these webinars on our **Youtube channel**

- **The Road to a Chemo-Free World** - Prof. Bruce D. Cheson
- **Why Do Young People Get Cancer** - Dr. Alex Kentsis
- **Harnessing Heuristics** - Dr. Robert Peter Gale
- **Precision Oncology: Where are We Now & Where Are We Heading?** - Dr. William Oh
- **Using the Immune System to Fight Cancer** - Dr. Patrick Hwu

Pioneer

Definition: a person who begins or helps develop something new and prepares the way for others to follow. They were pioneers in the field of medicine

Quote: "The person who follows the crowd will usually go no further than the crowd. The person who walks alone is likely to find himself in places no one has ever seen before."
— Albert Einstein

Germline versus

International Journal of Clinical Research

Pioneers in Medicine

Alex Kentsis, MD, PhD

Director of the Tow Center for Developmental Oncology, Memorial Sloan Kettering Cancer Center

MEDICINE: BEYOND SCIENCE

Podcast

Our podcast host **Dr. Jake Muldoon** interviews medical personnel, researchers, patients, and special guests to highlight their unique stories, personal experiences, and contributions to medicine.



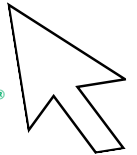
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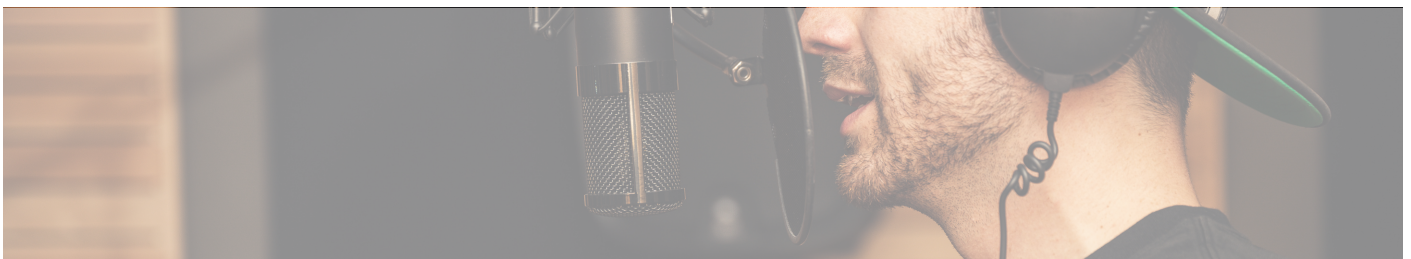


LISTEN ON Spotify



Click on the Channels to discover medicine beyond science!

The Podcast series is available now on Apple Podcast, Google Podcasts, Spotify, and more than 15 other podcast streaming websites. You can click on the links to apple podcasts, google podcasts and spotify to listen to the episodes so far available!

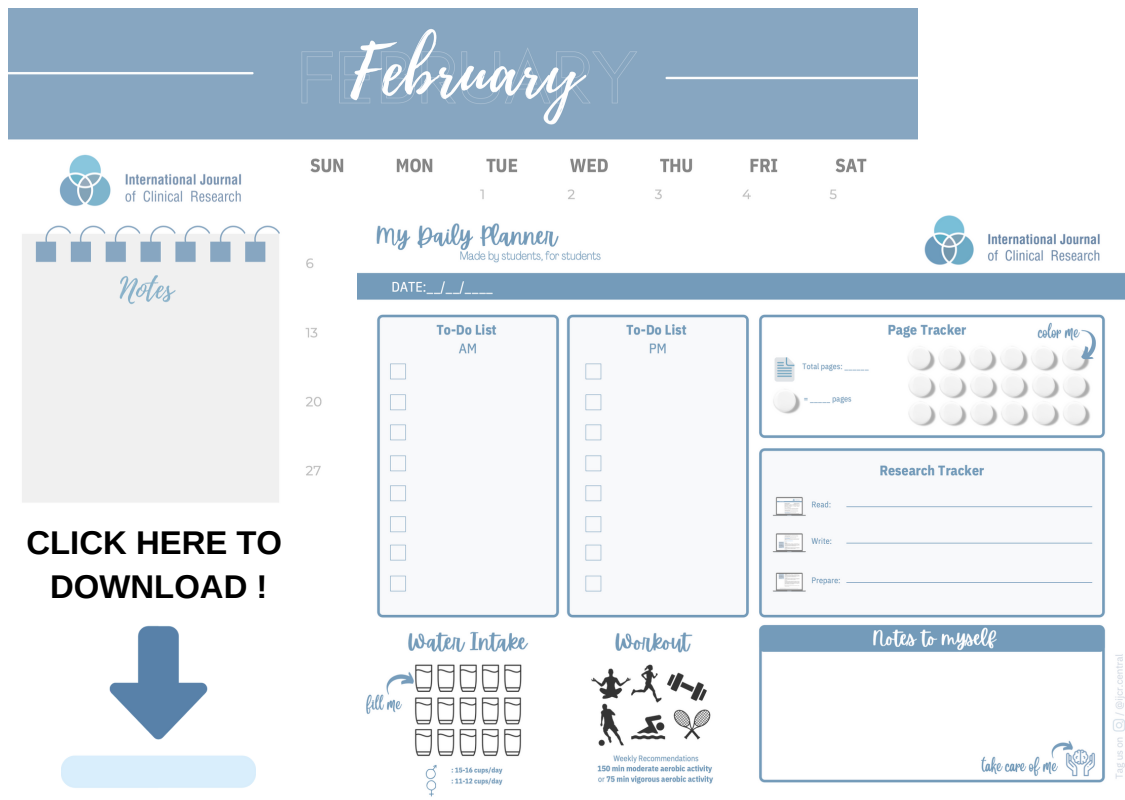


This...is Medicine: Beyond the Science

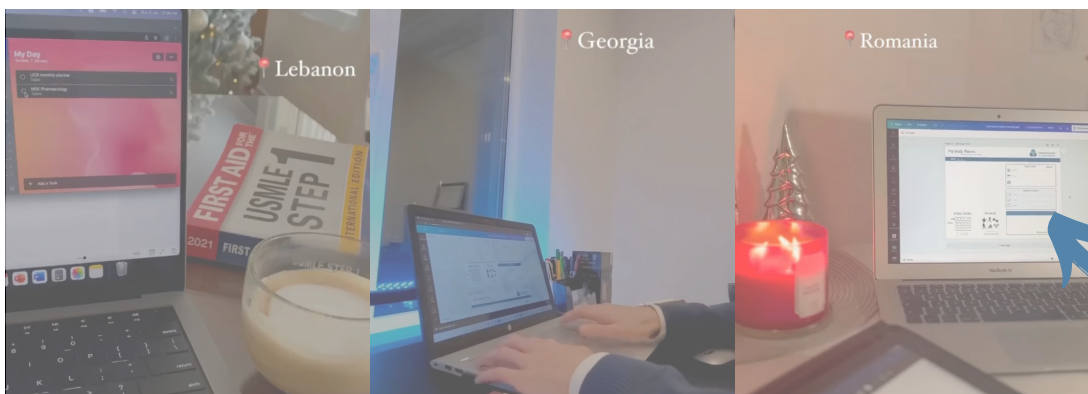
- Ep 1: "Our Mission Knows No Borders" - Dr. Gregory Nicolas
- Ep 2: "Rising above Rejection" - Dr. Yusuf Rahman
- Ep 3: "LGBTQ Love Yourself" - Patrick Wolfe
- Ep 4: "Surviving Chernobyl, Tackling COVID" - Dr. Yan Leyfman
- Ep 5: "Nuclear Energy and Health: A Final Warning" - Dr. Robert P. Gale
- Ep 6: "A Brighter Future for Cancer Research" - Dr. William Oh
- Special Ep. "Monday Motivation: Keep Going" - Dr. Jake Muldoon
- Ep 8: "If Only I Knew This Earlier" - Jake Muldoon, PhD

DAILY & MONTHLY TASK PLANNERS

The Content Development Team of the Social Media Chapter launched the first edition of its Daily/Monthly Task Planner, tailored by students for students, available for download worldwide & for free!



The team used MSAB members as a sample and sent out a survey to ask about the things they look for and desire to see in a planner in order to organize their day better. After many brainstorming sessions & hard work, we are proud to launch IJCR's first ever product!



Check out the "Making of" reel on Instagram!

OUTREACH & INTERNATIONAL EVENTS

More than 15 events were organized. Here is a highlight of some of the **educational international webinars** that have been done so far:

- **Meet the Editorial Board of the International Journal of Clinical Research**

In this event, the Internal Journal of Clinical Research delivered a session about Open Access and its importance as it is one of the main pillars of the Journal. The session was given to members of the Lebanese Medical Student International Committee (LeMSIC) and The International Federation Medical Students' Associations (IFMSA).

- **How Do Neurosurgeons Deal with Brain Tumours?**

In collaboration with Walter E. Dandy Neurosurgical Society, and on the occasion of Brain Tumor

Day, the International Journal of Clinical Research organized a Webinar entitled "How Do Neurosurgeons Deal with Brain Tumors", given by the Global President of the WDNS Dr. Saleem Abdulrauf.

- **How To Write a Case Report**

This Webinar was given to several students associations by IJCR, including the following:

- IFMSA- Gaza
- Bolivian Catholic University of Saint Paul.
- Scientific Board of Nove de Julho Medical School - (Portuguese)

The aim was to teach the students and equip them with the necessary tools and skills needed to write a case report.



- **Publish Your Work**

In collaboration with the Scientific Board of Nove de Julho Medical School, the International Journal of Clinical Research organized a webinar on "How to Publish Your Work" which was presented by Dr. Felipe S. Fernandes.

- **Youth Involvement in Research and Basic Research Framework**

A webinar presented by IJCR to the medical students of Nigeria and Pakistan. This event was organized in collaboration with NiMSA Nigeria and SYNCH Pakistan

- **IJCR Central x PSIG-UR**

An online webinar organized by the International Journal of Clinical Research and the Plastic Surgery Interest Group - Universidad del Rosario to introduce their students to the journal with Our Managing Editor Dr. Gregory Nicolas, and IJCR representative in Colombia, Dr. Mateo Vernaza.



FIRST YEAR OF THE MEDICAL STUDENTS ADVISORY BOARD (MSAB)

Here is a summary of how the first year went:

*First Term
(January - April)*

MSAB was launched in January 2021, and during its first term, it consisted of **22 students from 6 different countries and two chapters**: the social media chapter and the writing skills chapter in collaboration with IJCR Intersect. During this first term, many students stepped up into leadership positions, which helped prepare for the next phase.



During the second term, MSAB received **more than 100 applications** and its capacity was expanded to include around **80 members from around 20 different countries.**

With the increased capacity, the work had to be more organized and the board was divided into **8 different chapters.**

Most of the chapters consisted of a small number of people except for the Social

Media Chapter which was further subdivided into different projects through which the students learned and applied leadership skills, teamwork, and interpersonal skills as well as artistic skills.

*Second Term
(April - August)*

CHAPTERS OF THE MEDICAL STUDENTS ADVISORY BOARD (MSAB)

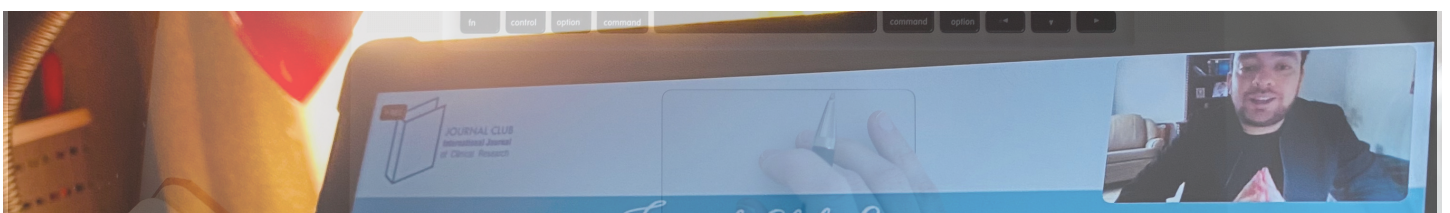
CHAPTERS

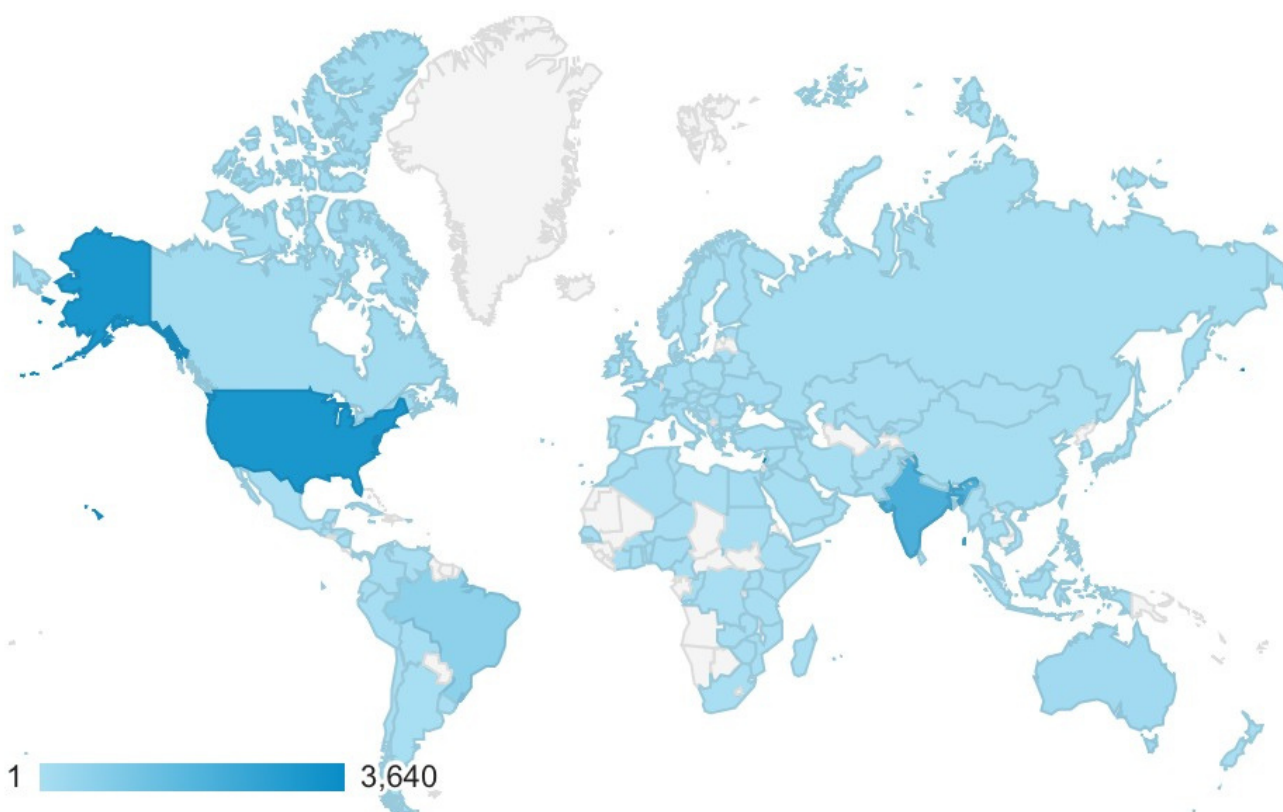
1. The Journal Club Chapter
JCC
2. The Social Media Chapter
SMC
3. The Writing Skills Chapter
in collaboration with
Intersect
4. The International
Students' Outreach
Chapter ISOC
5. The Pioneers in Medicine
Students' Committee
PIMSC
6. The Digital Health Chapter
DHC
7. The Research
Opportunities Organizing
Committee ROOC
8. The Growth and
Development Chapter
GDC

One of the **most impactful chapters** during this term was the **Journal Club**, which organized meetings every two weeks to:

- (1) Help students build a habit and passion towards reading articles
- (2) Teach them how to read and critically analyze scientific information
- (3) Encourage and develop their clinical reasoning, and
- (4) Give them the chance to present to an international community.

On the so many achievements by this term, we give a special shoutout to **The Research Opportunities Organizing Committee** which created a database of the students' research interests and launched 5 Research Projects involving more than 60 members of the MSAB and guided by 4 mentors.





In such a small period of time, IJCR has grown enormously reaching more than 131 countries and 1,607 cities from all over the world.



**Third Term
(September - Present)**

During the third term, the MSAB expanded even further-reaching around **120 medical students and graduates from more than 30 countries!**

With the expansion of the team, a new organization was foreseen for the different chapters, new managers were appointed, members were promoted, new goals were set, and new projects were initiated in all of the respective chapters.

Thus far, a special mention goes to the **Social Media Chapter**, which was re-organized to become more efficient, productive, and reliable, with an even smaller number of members

Another main achievement during this term is the launching of the **Junior Mentors Training Program**

which is set to roll for the first time in February!

This is not THE END!

Credits & Acknowledgements

This Newsletter was written by the **Growth and Development Chapter, Medical Students Advisory Board, International Journal of Clinical Research**. The chapter is directed by **Dr. Tejaswini Ashok** and managed by **Myriam Boueri** and **Reina Ibrahim**. The Medical Students Advisory Board is directed by **Dr. Nancy Emmanuel**.

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