This will be the title of the paper

**First name & family name of first author e.g. “Josh A. Murray”1, Second author2, Third Author3**

1Affiliation of the first author in the form of: Department Name, Name of Institution, City, Country

2Department Name, Name of Institution, City, Country (second author’s affiliation)

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**Corresponding Author’s information:** Full name, address, email address, telephone and/or fax number of the author responsible for the submission. DO NOT include titles such as Dr., General Manager... To avoid confusion, the family name must always be written as the last part of each author name (e.g. Josh A. Murray).

Name of Department and Institution where the work was done.

Financial support: in the form of grants, “quoting the number granted”, instruments or other. If no financial support received please write as follow: “none”.

Conflict of interest: if any please specify here, if no conflict of interest is identified please write “none”.

Abstract

**Background:** This is where you will briefly summarize the relevant information related to the study. No citations needed. Kindly note that the use of the “Times New Roman” font with a 12-point typeface, 1.5 line spacing and a 2.5 cm margin (1 inch) from all borders of the page must be maintained, in accordance with the Uniform Requirements for Manuscripts Submitted to Biomedical Journal. In this section you will summarize the background of the main topic.

**Aim:** One sentence on the main objective of the study

**Methods:** Briefly describe the study design, patient population, years of study, and analysis done. Also include the main outcome of the study.

**Results**: Summarize the findings by describing your population (age, gender distribution). Highlight only the significant findings and pertinent nonsignificant ones.

**Conclusion:** Summarize your findings in one sentence. Can include another sentence on the prospects of your findings long-term.

**Keywords:** Specify 3 to 6 keywords or short phrases that identify diagnoses or interventions, separated by commas

*Abstract word count: Should be less than or equal to 350 words.*

**Introduction**

*General Guide*

* *Succinctly explain rationale for the work in 2-3 paragraphs*
* *Provide just enough information to orient targeted audience*
* *Cite the most pertinent references*
* *Clearly state the study’s specific aim(s)*

*Details*

For this section, please present background information about your topic of choice. One to one and a half page of double-spaced, font 12 is an adequate length here. Summarize what is known in the field, what is missing, and what are you adding with your study.

Citations in square brackets “[1]” may begin in this section of the manuscript. Kindly note that they should be numbered in the order in which they were cited; **TIP:** *to simplify your task, DO NOT do this manually, seek an automated web-based bibliography and database manager such as RefWorks, EndNote, Mendeley, etc… This will make it easier for you to keep the numbers in order and automatically formats the paper and bibliography in seconds.*

**Methods**

*General Guide*

* *Specify the study design*
* *Create subsections appropriate to the type of article*
* *For original research studies:*
  + *Define targeted study population*
  + ***Cite reference(s) for established methods***
  + *Explain how human subject concerns were addressed*
  + *Describe interventions, if any, well enough to permit replication*
  + *Define key study variables and describe measurement methods*
  + *Explain methods of analysis (last paragraph)*

*Details*

You can use subheadings in the section with italics such as *“Study design, Patient population, Measurement of x, Statistical analysis, etc.”*

Two to three pages are adequate here to summarize your study design (mention if it was retrospective, prospective, etc.), patient population recruited, inclusion and exclusion criteria, definition of key variables and outcomes, methods used to measure a certain parameter or lab value, and the statistical methods used. Please make sure to include a statement about approval by institutional review board (IRB) if you are doing a clinical study on human subjects.

**Results**

*General Guide*

* *Create subheadings appropriate to type of article*
* *For original research:*
  + *Describe characteristics of study population*
  + *Present results of main analysis (univariate then multivariate)*
  + *Present results of secondary analyses*
* *Use tables and figures to present key information succinctly*
* *Don’t repeat in text data shown in tables and figures*
* *Don’t put methods in results section and save commentary for discussion section!*

*Details*

Adequate length of the section here is two-three pages. Please include the main findings of the paper by going in order of the tables or figures presented. Always start with general description of baseline characteristics of your study population before moving to more advanced analyses that you carried out. Compare your study groups by mentioning the significant differences between them, in any, **without drawing any interpretations or conclusions** here. Always refer to which table or figure (or supplementary material) that you are describing. Avoid excessive usage of numbers but include description of those numbers and show them sparingly. For example, instead of saying “*there were 25 subjects with heart failure in the control group and 50 subjects with heart failure in the treatment group*”, you can say “*there were twice the number of subjects with heart failure in the treatment group compared to the control group*”.

**Discussion**

*General Guide*

* Briefly summarize key findings emphasizing what’s new about present results
* Identify study strengths and weaknesses
* Explain strengths and weaknesses relative to other work, noting differences between studies
* Discuss implications for patient care, education, public policy, and/or future research
* Don’t surprise reader with results in discussion section
* Cite all pertinent references, and do so appropriately
* *Avoid conclusions not supported by results!*
* Unanswered question and future research

Three to four pages are adequate for this section. Discuss your findings in reference to clinical practice and literature. Do not repeat in detail data or other material from the Introduction. In summary, discussion should highlight the similarities or differences between your study and the medical literature while emphasizing the new and/or important aspects of your study results [1].

**Conclusion**

Can be part of the discussion or a separate section. Summarize your findings and include recommendations when appropriate. Do not provide statements and conclusions that are not completely supported by the data.

**Acknowledgements:**

Contributors who do not meet the criteria for authorship should be listed here to acknowledge their efforts and support (technical assistants, writing assistants or head of department who provided only general support). Financial support should be disclosed and acknowledged.

**References:**

References are to be written in the American Medical Association (AMA) reference style followed by the PMID if applicable and the **doi link** as follows:

1. Last Name Initials. Article title. *Periodical Abbreviation.*Year;volume(issue):pages. PMID: XXXXX. <https://doi.org/10.XXX/XXXXX>

Your references must be up to date. You must provide important additional reading opportunities. Make sure you accurately describe previous work and adequately reference it within the text. You may not provide any literature data without referencing. In-text citations are checked and inappropriate style or double referencing will be returned for modification, only prolonging the process.

***Tables***

* *Label rows and columns clearly*
* *Use tables only when more efficient than using text*
* *Combine tables with similar content*

***Figures***

* *Label figures so that readers can easily interpret them*
* *Use to highlight key findings where a visual image is more powerful than word*

***General Rules on Constructing paragraphs***

* *Decide on main point of each paragraph*
* *Use a topic sentence, concluding sentence, and transitions*
* *Aim for half page per paragraph*

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